EXCHANGE STUDENTS GUIDE

YOUR FIRST STEPS AT THE FREE UNIVERSITY OF BOZEN-BOLZANO
If you are an international degree-seeking student and are not attending unibz as part of an international agreement (e.g. Erasmus+, Bilateral Agreement or Erasmus Mundus, etc), please contact the Advisory Service as the information in this booklet refers only to exchange students (see page 13).
Welcome to the Free University of Bozen-Bolzano!

Thank you for choosing unibz for your study abroad experience. Together with your home institution, we will assist you in the whole exchange process and hope you will have a valuable and enjoyable experience at our University. Please read this handbook carefully and if you still have any questions, go to the last page of this guide for our contact details.

Follow us on social media and become part of our diverse and multilingual academic community:

→ Instagram: unibz
→ Facebook: unibz
→ LinkedIn: unibz
→ Twitter: unibz_news
→ TikTok: unibz
→ YouTube: Free University of Bozen Bolzano
→ Spotify: unibz

Unibz

Profile

The Free University of Bozen-Bolzano was founded in 1997. Our university has a strong international outlook, as testified by its multilingual courses (German, Italian, English and Ladin) and the high number of students and teaching staff from abroad. Unibz has five faculties, and a high percentage of lecturers (35%) and students (17%) come from abroad and they study, teach and research in the fields of Economics, Natural Sciences, Engineering, Social Sciences, Education, Design and Arts.

Languages

What makes unibz stand out among all universities, in Italy and in Europe, is the multilingualism of its courses and research. The three official languages - German, Italian and English - are used during classes, meetings, conferences and in all events.

Campuses

Bozen-Bolzano is the main campus and hosts:

→ Faculty of Faculty of Agricultural, Environmental and Food Sciences
→ Faculty of Design and Art
→ Faculty of Economics and Management
→ Faculty of Engineering
→ Faculty of Education

Brixen-Bressanone is a satellite campus for the Bachelor in Tourism, Sport and Event Management and Master in Tourism Management.

FACTS AND FIGURES

In the 2020 Times Higher Education World University Rankings unibz ranked in the band of 401—500. In the 2018 World’s Best Small Universities Ranking unibz is ranked among the best 20 small universities worldwide.

→ 160+ partner universities
→ 127 Erasmus+ agreements
→ 3 Swiss-European mobility programmes
→ 507 exchange places at other universities
→ 507 exchange places for international students
→ 78 student nationalities
→ 9 different language courses at the Language Centre (English, German, Italian, French, Spanish, Russian, Chinese, Arabic, Ladin)
→ 31% tenured Professors and Researchers of international origin
→ 278,280 Books and audio-visual media in our library

Getting here

Planning your arrival

Please plan your trip in order to arrive in Bozen-Bolzano in time for the Welcome Session.

What to pack

In South Tyrol the climate is cold and snowy in winter, and mild in summer. Snow falls regularly but good weather and sunshine prevails with low winter average temperatures (between -7 and -3 °C). Larger amounts of snow fall in mountain areas, making this place ideal for skiing. At the foot of the mountains, such as in Bozen-Bolzano, climate is moderately continental, with cold winters and an average temperature in January around the freezing point, and hot summers at about 35 °C. Many outdoor pools and lakes as well as the proximity to the mountains provide for refreshing mountain air and great outdoor activities.

Getting to Bozen-Bolzano

By Train or Bus

The train is the best means of transport to get to Bozen-Bolzano. The train station is only 5 minutes away from the city center and the University. You can book your ticket online on www.bahn.com, www.oebb.at and www.bahn.com. Flixbus also stops in South Tyrol and students can get a discount: flixbus.com. You can also check www.thetrainline.com for getting the best fare for every trip.

By Plane

South Tyrol’s only airport is located in the Southern outskirts of Bozen-Bolzano and mostly operates national or local flights. The nearest international airports are in the cities of Innsbruck and Verona. Other airports such as Milan/Bergamo, Treviso, Venice and Munich are over 200 km away (about four hours by train).

Bozen-Bolzano www.bolzanoairport.it/en
Innsbruck www.innsbruck-airport.com
Verona www.aeroporteverona.it
Milano www.milanomalpensa-airport.com
Venezia www.veniceairport.it
Romagna www.bologna-airport.it/en
Munich www.munich-airport.com

Getting to Brixen-Bressanone and Bruneck-Brunico

By Car

From the North: Munich > Kufstein (A12 Inn Valley Motorway) > Innsbruck > Brenner (A22 Brenner Motorway) > Bozen-Bolzano

From the South: A22 Modena Highway; A4 Milano Highway

Getting to Brixen-Bressanone and Bruneck-Brunico

All EC and regional trains on the route Innsbruck - Brenner - Verona stop in Brixen-Bressanone

To Brixen-Bressanone: Change in Bruneck-Forcia to a local train (towards Innichen-San Candido or Lienz). You can also take a local bus.

Useful contact numbers

Public Transport System in South Tyrol
tel. +39 840 047 471
www.suedtirolmobil.info/en
South Tyrol Mobility App:
www.sipi.bz.it/en/app-sudtroligo
Traffic Information Office
tel. +39 0471 200 198
trafico.provincia.bz.it (in Italian) or verkehr.provinz.bz.it (in German)

Highway Brennero A22
tel. +39 080 279 940
www.autobrennero.it

Bozen-Bolzano Radio Taxi Funk
tel. +39 0471 981 111

Bozen-Bolzano Tourist Information Office
tel. +39 0471 307 000
www.bolzano-bozen.it

Accommodation

We offer accommodation in residence halls only in Bozen-Bolzano. You can apply for them through the online registration form whose link is sent to all applicants by the International Relations Office at the beginning of July (for first-semester or whole-year applicants) and at the beginning of December (for second semester applicants).

Please notice that all contracts for residence halls last 5 or 10 months. If you intend to stay less, you will need to pay for the entire contract period. Be aware that Bozen-Bolzano, Brixen-Bressanone and Bruneck-Brunico are small towns and it is hard to find rooms in the private market. Please make sure you find an accommodation before your arrival.

Private Sector Housing

Notice boards display announcements for renting or sharing rooms and flats. Accommodation ads are displayed on boards in university campuses and online on our blog accommodation.unibz.blogspot.com or on www.youni.apartments. Tynu want to post an announcement, you can send an email to info@unibz.it. The price for a single room varies between € 350 and € 550 per month.

Short-term accommodation is available in all three cities.

Youth Hostels in South Tyrol

Bozen-Bolzano www.bolzen.jugendherberge.it
Brixen-Bressanone www.brixen.jugendherberge.it
Bruneck-Brunico www.hostelworld.com
EU-CITIZENS

There are three different types of health cover that you can get in Italy, which we will describe below. However, it is your own national health service that decides which documents to give you and therefore which one you can apply for.

European Health Insurance Card (EHIC)
With the EHIC issued by your country, you have the right to any treatment that is necessary during the time you are studying in Italy. However, this is a more limited cover and allows people to seek medical care in the country they are staying in without having to return to their own country. All you have to do is to go to the doctor/place that provides the treatment (GP, Accident and Emergency, Out-Patient department). If you go to a GP, you can see him them for free, but this is on an occasional basis. The cost of the treatment will then be charged to your own health care provider abroad.

Cover through EU106, EU109/E37 or S1 foreign insurance policies
You will have to ask to the health authorities in your own country to issue you one of the policies listed above. These policies will enable you to register for health cover in South Tyrol as if you were an Italian citizen.

With one of these policies:
- you can choose your family doctor/GP,
- you can see specialist and Emergency at a hospital and you’ll only have to pay the standard price (the so-called “ticket”),
- you can access all services for preventive medicine,
- you don’t have to pay for the services of the duty doctor, if needed,
- finally, if you are a resident: you can access any discounts that may be due to you and any exemptions on the standard prices of medicines or appointments with specialists (“ticket”).

Cover though Italian private Health Insurance Schemes or private foreign Health insurance, instead of EU106/EU109/E37/S1 policies
You can also buy a private health insurance that will cover you for all accidents you may have and treatment you may need during the time you are studying in Italy. In this case, you will be regarded as a “paying foreign citizen” and as such you do not need to register for the local health service.


NON-EU CITIZENS

A health insurance policy is necessary in Italy (it is requested also when applying for a Residence Permit). If you have health insurance, make sure that it has been issued in your name and that it covers at least the whole period of your stay (i.e. the duration of your Visa). The insurance policy must have undergone an approval procedure by the Embassy so that it carries for instance a stamp of approval. Should this not be the case, no Residence Permit will be issued. For this reason, make sure that your Embassy does so when you go there for your visa.

If you do not have health insurance, or you have an insurance policy that has not been stamped by the Embassy, you can buy one here: https://www.sanzitaly.net/en/pacchetti-welcome/citadinato-extras-uglie-richiedente-permessodi-soggiorno/, Non-EU student Fees: for a 6-months-stay in Italy: € 71; for a 1-year-stay in Italy: € 120. Please note that this insurance covers only major emergencies but will be enough in order to apply for your Italian Residence Permit. Alternatively, a private health insurance can be bought contacting the following agencies: Expat: www.expalaininsurance.eu
global Assistance Allianz: www.allianz-assistance.it
europassistance: www.europassistance.it

If you intend to obtain a more comprehensive health cover and have your own family doctor for the period of your studies, you will have to go to the Local Health Care Provider (Azienda Sanitaria Locale - ASL) to register for the Italian National Health Service (Servizio Sanitario Nazionale - SSN). You will need the following documents:
- enrolment certificate,
- passport,
- Italian individual tax number,
- residence permit or receipt certifying you have applied for the permit.

Further, if you have a grant:
- letter confirming you are in receipt of a grant.

The amount you have to pay to register for health care is:
- € 147.77 for students without any dependent family members and without any income apart from grants or subsidies paid by the Italian authorities (e.g. from the Italian government);
- € 387.34 euro for students with dependent family members;
- or, if you have an income which does not come from a grant (earned in Italy or abroad), 7.5% of that income (minimum charge will be € 387.34).

These amounts are valid for one year (1 January to 31 December), they are divisible and are not retroactive. You are only covered for the period of validity of your residence permit.

REGISTRATION AND RESIDENCE PERMIT

EU-CITIZENS

Tax Code “Codice fiscale” - “Steuernummer”
The Italian tax code is needed if you want to open a bank account, to apply for a public transport pass (Südtirol Pass Abo) or to sign a housing contract.

It has to be requested at the Agenzia delle Entrate di Bolzano (Piazza Ambrosoli 24, Bolzano). For further information on the required documents you can consult the following webpage: www.agenziaentrate.gov.it/portale_web/it/stranieri/adattamento/codice_fiscale

Bank Account Opening
To open a bank account, you will need the following:
- copy of your passport;
- residence permit/receipt from the Post Office (non-EU citizens);
- certificate of enrolment or self-declaration (you have to ask the Student Secretariat for the certificate of enrolment. For the latter you need 2 revenue adhesives of 16.00 €, or you can ask if your Student Card is enough);
- Italian tax code

NON-EU CITIZENS

The residence permit is the document issued by the Questura (Italian police headquarters) which entitles you to stay in Italy for a determined period of time. Non-EU citizens must apply for a Permessodi soggiorno (residence permit) within 8 working days from their arrival into the Schengen area.

STEP 1: Once you have arrived in Bozen/Bolzano, go to a post office to obtain a residence permit application form and then ask for an appointment at the international relations office of unibz to fill out the form together.

Please make sure to take along the following:
- 1 duty stamp worth € 16 (can only be purchased in Italy);
- Copies of your passport: copies of the pages containing your personal details and the entry visa and stamp and the copies of any other pages with visas and entry and exit stamps;
- enrolment certificate from unibz (will be sent to you by the international relations office);
- a copy of the health and accident insurance policy or of your registration with the National Health Service (SSN);
- documents proving your accommodation in Italy. (housing contract or declaration signed by the owner)

WARNING: Do not seal the envelope!

STEP 2: You must hand in the open envelope containing the above-mentioned documents personally at one of the authorised Post Offices displaying a document certifying your identity. The whole procedure costs approximately €137.50.

STEP 3: You will receive a receipt from the Post Office, which you must keep with you and always display along with your passport. This document is valid as a “temporary residence permit”.

This receipt will also allow you to keep track of the status of your procedure through the user ID and password that are indicated on it by consulting the following website: www.poliziaepoliziaitaliana.it. In order to be permitted to travel outside Italy you need a final residence permit; the receipt of the post office is not sufficient.

STEP 4: On the receipt, you will find the date and time of your appointment at the Questura (police headquarters) and your fingerprint will be taken.

Do not miss this appointment!

On that day, you will have to bring:
- your passport and visa (original documents);
- the appointment letter (received at the Post Office);
- the postal receipts (received at the Post Office);
- 4 passport-sized photographs against light background;
- 1 copy of the documentation you put in the envelope at the Post Office

STEP 5: Keep track of the status of your residence permit procedure visiting the webpage: www.poliziaepoliziaitaliana.it/ugranier/ Once it has terminated go to the Questura and ask for your residence permit. Our student helpers/buddies will accompany you to the Questura upon request.

RENEWAL

Do not forget to renew your residence permit in time! Do not wait for its expiry date, but apply for its renewal at least 30 days in advance. You must follow the same procedure as for the first issuing, but for the first renewal, you must certify by means of an exam certificate the passing of at least one exam. As from the second renewal, you must pass at least two exams. According to the Italian law, you can apply for the renewal of the residence permit until the 3rd year after the normal length of the studies; further renewals are not allowed.
ACADEMIC MATTERS

TEACHING OFFER
Here you can find the list of the current available courses:
www.unibz.it/en/applicants/course-offering

Course Enrolment and Learning Agreement
In your first days at unibz, you will attend a meeting with your Faculty where you will get detailed and important information regarding the enrolment procedure for courses and exams. Thereafter, you will be able to register online for the selected courses.

WARNING: Please note that without enrolling in a course, you cannot register for exams and without exam enrolment, you cannot sit them.

For questions related to courses and exams as well as for the signature of your Learning Agreement please contact:
→ Faculty of Agricultural, Environmental and Food Sciences
Francesca Galeotti: francesca.galeotti@unibz.it
+39 0471 016000
→ Faculty of Design and Art
Elena Ghizzo: elena.ghizzo@unibz.it
+39 0472 014 007
→ Faculty of Economics and Management (Bozen-Bolzano Campus)
Loris Vigna: loris.vigna@unibz.it
+39 0471 013 621
→ Bachelor in Tourism, Sport and Event Management (Bruneck-Brunico Campus)
Silvia Bonfido: silvia.bonfido@unibz.it
+39 0474 013 621
→ Faculty of Education
Ingo Ritsch: ingo.ritsch@unibz.it
+39 0471 016000
→ Faculty of Engineering
Agnese Antinoc: eng-exchange-programmes@unibz.it
+39 0471 016000

EXAM ENROLMENT
In order to be allowed to take any examination you have to register online. The language of the exam is the same as the language of the course. Exam enrolment takes place on MyScientificNetwork: my.scientificnet.org. Here, you will also find some guidelines for enrolment. Your Faculty Secretariat will inform you via email when the exam session opens.

When do I enrol for exams?
→ Faculty of Agricultural, Environmental and Food Sciences
Enrolment for exams (or cancellation of the enrolment) must happen by three days before the date of the exam (excluding Sundays and public holidays and excluding the day of the exam). For example: if the exam takes place on a Friday, you can enrol up until 23:59 of the Monday before. If the exam takes place on a Monday, you can enrol only until 23:59 of the Wednesday before.

→ Faculty of Design and Art
Enrolment for exams (or cancellation of the enrolment) must happen by three days before the date of the exam (excluding Sundays and public holidays, excluding the day of the exam). For example: if the exam takes place on a Friday, you can enrol up until 23:59 of the Sunday before.

→ Faculty of Economics and Management
Enrolment for exams (or cancellation of the enrolment) must happen by five days before the date of the exam (including Sundays and public holidays, excluding the day of the exam). For example: if the exam takes place on a Friday, you can enrol up until 23:59 of the Monday before. If the exam takes place on a Monday, you can enrol only until 23:59 of the Wednesday before.

GRADING SYSTEM, ASSESSMENT AND ACADEMIC RECOGNITION
unibz has adopted ECTS as an accumulation system. The workload refers to the notion of time that it might take an average student to complete the required learning outcomes. ECTS are used as recognition for study periods abroad; 60 credits measure the workload of a full-time student during one academic year. The student workload for a full-time study programme in Europe amounts in most cases to 36-40 weeks per year and 1 credit is equivalent to 25-30 working hours. 1 Italian Credit (CFU) = 25 working hours = 1 ECTS credit. The pass mark for examinations is 18 out of 30; with 30 being the highest mark. A very good performance is usually graded above 28. Outstanding exam outcomes are awarded with the label “cum laude”.

Transcripts of Records
This document is issued at the end of your exchange period and contains your personal data, the list of exams and internships you have done, with the date of the exam, the credits and

the grades obtained (in a scale of 30). In order to allow us to send you all relevant documents, we kindly ask you to duly complete this google form: goo.gl/forms/Frc87SyHdZ

WARNING: submit this form only after you have checked that all your results have been registered! After completing this form, the International Relations Office will send the Transcript of Records directly to your home University.

PRACTICALITIES

Student Card
The Student Card is handed out after the Welcome Session (for Erasmus, Bilateral Agreement exchange and Free Mover students) or at the Student Secretariat (for Joint programme students).

The Student Card allows you to:
→ pay at the university canteen (Mensa), Unibar (in Bozen-Bolzano) and vending machines in Bozen-Bolzano and Brixen Bressanone;
→ borrow and return items from the library;
→ photocopy and print;
→ access the university campus from the back entrance of the buildings C, E and F (in Bozen-Bolzano);
→ access rooms reserved to your Faculty.

This card serves also as proof of identity (do not forget to take it along when taking exams!) and can be recharged with cash at the machines (in Bozen-Bolzano on the left of the canteen entrance; in Brixen-Bressanone close to the reception desk; in Bruneck-Brunico in the entrance hall). Lost, damaged or broken Student Cards can be replaced by the Student Secretariat.

Student Portal
MySNS is the university portal. From this portal you can enrol in your exams, check your past exams and your personal updated course timetable. You can access it here: my.scientificnet.org

Computer Rooms, Mailbox and Internet
Computer rooms (in Bozen-Bolzano and Brixen-Bressanone) are located in the libraries. Credentials for access are provided at the Welcome Session (for Erasmus, Bilateral Agreement and Free Mover exchange students). With the university account you are allowed to use university computers, have access to your university mailbox; use Intranet services and the wireless network. Mailboxes and internet services can be accessed also remotely. If you have a personal notebook you are advised to install an access connection to the wireless network (ScientificNetworkSouthTyrol) in all areas of the campus. It will allow you to connect to printers and computers on campus as well as an interlibrary loan service, user training and a reference service.

The Reserve Collection
is used by many lecturers to publish their course material, e.g., slides, handouts, homework, student grades, and text books. Access the reserve collection by visiting the university website: www.unibz.it. Some lecturers prefer to use the Open Learning Environment (OLE): oie.unibz.it.

Language Courses at the Language Centre
The Language Centre offers non-credit language courses, international language certifications and individual counselling about language learning (due to organisational reasons, exchange students cannot attend intensive language courses held in September.)

UNIVERSITY SERVICES

Printing
In order to print, you need to install IneproPrinter. You can find how to do that here: https://scienz.net/sharepoint.com/sites/IneproPrinter/StellePages/Installation%20Guide%20Students.aspx?web=1. After the installation, you will only need to swipe your student card on the card reader close to the printer.

STUDYING

University Library
Libraries at all three campuses have reading rooms and areas, as well as group and single study rooms, computers, photocopy machines, printers, CD-burners and scanners. Students, teaching and administrative staff can access the services of the library with their cards. They offer:
→ Electronic books and hard copies
They can be found in Primo online catalogue primo.unibz.it.

In addition, the library offers a local lending service as well as an interlibrary loan service, user training and a reference service.

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etc. at digitalservices.scientificnet.org.
To remotely access your unibz e-mail: portal.office.com.

Printing
In order to print, you need to install IneproPrinter. You can find how to do that here: https://scienz.net/sharepoint.com/sites/IneproPrinter/StellePages/Installation%20Guide%20Students.aspx?web=1. After the installation, you will only need to swipe your student card on the card reader close to the printer.
LIFE BEYOND ACADEMICS

TAKING A BREAK

UniBar
The campus bar in Bozen-Bolzano gives you a 20% discount when you pay with your student card.

University Canteens
The university canteens in Bozen-Bolzano and Brixen-Bressanone offer seven different menus at a very modest price. You can choose from a first course with two side dishes (€ 2.98), a second course with two side dishes (€ 3.70), a first and second course with two side dishes (€ 4.42), with small salad and dessert/fruit. You also have the possibility to choose the “Pizza Menu” consisting of a pizza with salad or a dessert/fruit (€ 3.70). Drinks and bread are included in the price.

→ Bozen-Bolzano campus
Monday-Saturday 11:30 – 14:30
Monday-Tuesday 18:30 – 20:30

→ Brixen-Bressanone campus
Monday-Saturday 11:30 – 14:00
Basement of the main university building

→ Bruneck-Brunenco campus
Monday-Friday 11:00 – 12:30
University Square and the UniBar

STUDENT ASSOCIATIONS

Exchange Students unibz
Unibz is a non-profit student association since 2014. It offers help in the academic, social and practical integration process. This is mainly done through activities which include support in finding accommodation, cultural and social events such as trips to various places within the country, film nights, excursions into the countryside and for students providing an alternative to classrooms.

→ Bozen-Bolzano campus
Piazza Unità d’Italia (office CS)
scub@unibz.it
unibz.it

→ Brixen-Bressanone campus
Piazza Unità d’Italia (office CS), Bozen-Bolzano
uni-party@unibz.it
www.facebook.com/unipartybozofficial

Talia Unilife
It is the first student association in Brixen-Bressanone and was founded in 2013 with the goal of supporting the idea of Campus Life: a multilingual university community operating in different contexts. Its main activity is the choir: choir-practice, exchanges with international and national choirs. Talia also collaborates with UniParty and has planned some activities such as the university paper and cineforum.

→ Brixen-Bressanone campus
www.facebook.com/taliaunilife

SCUB
Since 2001 when it was founded, the “Sports Club University Bolzano” has been organizing sports events for students providing an alternative to classrooms. Events are designed to be fun and aim at bringing students closer to the world of sport. The offer is very diverse ranging from a chess club, to a fitness club and a rock-climbing course. As well as the regular training of the football teams (male and female), volleyball and basketball teams, cheerleading, tennis, beach volleyball, karate, swimming, capoeira and badminton, SC.U.B. organizes exciting trips in the mountains of Trentino-Alto Adige and further afield, providing the appropriate equipment when needed. Each year S.C.U.B. takes part in various international university tournaments, where the Free University of Bozen-Bolzano competes with other European institutions. Every year SCUB organizes the “Snowdays”, a snowsports event that is open to national and international university students.

→ Bozen-Bolzano campus
Piazza Unità d’Italia (office CS)
scub@unibz.it
scub.unibz.it

UniParty
Lectures and library are not all that is at uni: besides: after long sessions on the books, it’s finally time to hang out with friends for a moment. The UniParty Team provides weekly itinerant parties all around the city - every Thursday evening a different theme, music and situation await you for a great opportunity to spend time with your friends!

→ Bozen-Bolzano campus
Piazza Unità d’Italia (office CS), Bozen-Bolzano
uni-party@unibz.it

FREE TIME AND LEISURE

Bozen-Bolzano
Bozen-Brixen-Bressanone and Bruneck-Brunenco are ideal places for studying and enjoy the time between examinations and classes. The surroundings offer a large and diversified range of indoor and outdoor activities.

Bozen-Bolzano
Bozen-Bolzano has around 100,000 inhabitants, mainly divided between the three language groups present in South Tyrol: German, Italian and Ladin. In the whole of South Tyrol the German-speaking group makes up about 68% of the local population, the Italian group about 27% and the Ladin group about 4%. In the city of Bozen-Bolzano the proportions are almost the opposite with about 73% of the population belonging to the Italian-speaking group, compared with only 27% who belong to the German-speaking group (the Ladin group in the city is only 0.79%).

The city dates back to Roman times. In the Middle Ages it became a commercial crossroads and an important trading center across the Alps, thanks also to its geographical location. In the last two centuries it was part of the Austrian empire first, and then it became part of Italy, creating a cultural mix of Italian and German cultures. Bolzano is also famous for the magical atmosphere that spreads across the city during Christmas time.

The most popular activities in the city and the surroundings include jogging along the banks of the river Talfer-Talvera, walking to Jenzen-S. Genesio and to the nearby Schlern-Sciliar plateau, excursions and mountain climbing in the Dolomites, swimming in the numerous nearby lakes and, last but not least, skiing and snowboarding in the surrounding ski areas. Here some tips for a day excursion, for little money and with public transports.

Brixen-Bressanone
Brixen-Bressanone, a bishop’s residence, is distinguished by its medieval gothic architecture. Since the end of the Second World War Brixen-Bressanone has experienced an economic growth spurt while consolidating its artistic and cultural vocation. Students who come to study here will find a calm, comfortably-sized town of about 18,000 inhabitants, free of traffic problems. The medieval alleys and the wealth of historical references are an ideal starting point for excursions into the countryside and for practicing a wide variety of sports and leisure activities.

Leaving directly from the town centre, students can set off on their bikes or on foot for excursions into the surrounding hills and mountains: a good example of a nice place for hikes and bike rides is the Plose mountain, easily accessible by public transport.

Bruneck-Brunenco
The town of Bruneck-Brunenco, with approximately 14,000 inhabitants, is the most important town in the Postfertal Valley. Bruneck-Brunenco and its surroundings are a paradise for hikers, climbers, skiers, snowboarders and cross-country skiers. The area is the starting point for excursions into the countryside and for visiting famous castles.

The two museums are hosted in two enchanting castles in the Bozen-Bolzano area. They are about the mountain, each one focusing on a different aspect of it.

Ritten-Renon Gondola
In only 12 minutes you reach Oberbozen-Soprabolzano from the town of Bozen-Bolzano. Departures every 4 minutes.

Carezza and Monticolo Lakes
Two very beautiful lakes not far from Bozen-Bolzano and surrounded by mountains. You can easily reach them using the public transport.

Cost of Living
A student’s average budget will have to consider the following general expenses. All amounts, which are only approximate, are expressed in Euros from a minimum up to a maximum. Generally speaking, it is highly recommended that you can count on an amount of €600/700 per month.

Costs
Clothing: shoes € 50/pair, jeans € 40-70/pair, sweater € 40-60
A mobile phone: € 50-400; monthly and pay-as-you-go plans: € 10-40 (e.g. of Italian providers: TIM, Vodafone, Wind, Tre, PosteMobile)
A laptop: € 400-1,000

Free Time
A movie ticket: € 8.50; an 8-entrance card: € 50.
A museum ticket: € 4-10 (students can get in for free by showing their student card)
A swimming pool entrance ticket: € 3.50 for students up to 26 years (€ 5.50 for adults)
12-entrance card € 35 for students up to 26 years (€ 55.00 for...
GETTING YOUR SHOPPING DONE

→ Milk: € 1.20/Litre
→ Bread: € 4.50/Kilo
→ Butter: € 1.70/250 gr.
→ Chicken: € 8.00/10.00/Kilo
→ Rice: € 1.70/2.50/Kilo
→ Pasta: € 0.80/1.20/Kilo
→ Bottled water: € 0.50/0.80/Litre

ACCOMMODATION AND TRANSPORT

→ A student home or a housing rent: € 580; a place in a residency hall: € 300 per month (see "Accommodation" on page 5)
→ € 1.50 for a single bus ticket (valid for one ride), yearly transport pass € 150 (see also the next chapter "How to get around")

YOU ARRIVAL (FOR NON-EU STUDENTS)

→ Residence Permit application: approx. € 153.50 to 173.50 (depending on the duration of your stay) + the cost of the health insurance.

Health insurance: approx. € 147.77 (per solar year) for the enrolment to the Italian Health System or € 71.00 (6 months)/€ 120.00 (12 months) for the enrolment to the Welcome Association Italy "W.A.I." Insurance.

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## SERVICES AND USEFUL ADDRESSES

### UNIBZ SERVICES

**International Relations**  
Universitätsplatz 1 - piazza Università, 1  
39100 Bozen-Bolzano  
Tel.: +39 0471 012 500  
Fax: +39 0471 012 509  
e-mail: international.relations@unibz.it

**Advisory Service**  
Universitätsplatz 1 - piazza Università, 1  
39100 Bozen-Bolzano  
Tel.: +39 0471 012 100  
Fax: +39 0471 012 109  
e-mail: study@unibz.it

**Student Secretariat Bozen-Bolzano**  
Universitätsplatz 1 - piazza Università, 1  
39100 Bozen - Bolzano  
Tel.: +39 0471 012 200  
Fax: +39 0471 012 209  
e-mail: studsec@unibz.it

**Student Secretariat Brixen-Bressanone**  
Regensburger Allee 16 - viale Ratisbona, 16  
39042 Brixen-Bressanone  
Tel.: +39 0472 012 200  
Fax: +39 0472 012 209  
e-mail: studsecBX@unibz.it

**Secretariat at the Bruneck-Brunico Campus**  
Bachelor in Tourism, Sport, and Event Management  
Universitätsplatz 1 - piazzetta Università, 1  
39031 Bruneck-Brunico  
Tel.: +39 0474 013 600  
Fax: +39 0474 013 609  
e-mail: tourism@unibz.it

**Language Centre**  
Universitätsplatz 1 - piazza Università, 1  
39100 Bozen-Bolzano  
Tel.: +39 0471 012 400  
Fax: +39 0471 012 409  
e-mail: language.centre@unibz.it

### LOCAL SERVICES

**→ Italian Tax Number**  
Internal Revenue Service  
Agentur der Einnahmen - Agenzia delle Entrate

- **in Bozen-Bolzano**  
  G. Ambrosoli-Platz 24 - piazza G. Ambrosoli, 24  
  Tel.: +39 0471 194 5111

- **in Brixen-Bressanone**  
  Vittorio-Veneto-Str. 67 - via Vittorio Veneto, 67  
  Tel. +39 0472 824 611

- **in Bruneck-Brunico**  
  Graben 7 - Bastioni, 7  
  39031 Bruneck-Brunico  
  Tel. +39 0474 572 411

**→ Residence Permit**  
Bolzano Police Headquarter  
Quästur Bozen - Amt für Einwanderung  
Questura di Bolzano - Polizia dell’Immigrazione

- **in Bozen-Bolzano**  
  Palatucci-Str. 1 - largo Palatucci, 1  
  Tel. +39 0471 947 611

- **in Brixen-Bressanone and Bruneck-Brunico**  
  Police Station Brixen-Bressanone  
  Vittorio-Veneto-Str. 13 - via Vittorio Veneto, 13  
  Tel. +39 0472 271 611

**→ Health Care**  
South Tyrolean Health System and Authorities  
www.asdaa.it

- **in Bozen-Bolzano**  
  W.-A.-Loew-Cadonna-Platz 12 - piazza W. A. Loew Cadonna, 12  
  Tel.: +39 0471 909 113 or +39 840 002 211

- **in Brixen-Bressanone**  
  Romstraße 7 - via Roma, 7  
  Tel. +39 0472 836 145

- **in Bruneck-Brunico**  
  Paternsteig 3 - vicolo dei Frati, 3  
  Tel.: +39 0474 586 506

## Services and Useful Addresses